Stuart Hickox
Writer | Literary Nonfiction | Prince Edward Island

613.552.7362 stuart.hickox@gmail.com

Book

Canada's Food Island Cookbook,
Figure1 Publishing, September 2022 (A *Globe and Mail* Bestseller)

Selected publications

"Measured Against the Trees"
The Island Magazine (upcoming), Fall 2026
Explores land stewardship, inheritance, masculinity, and identity through a thirty-year relationship with a PEI woodlot.

"I'm a Middle-aged Guy Who's Just Come Out; Dating is a Whole New World,"
The Globe and Mail, October 17, 2018

"Legacy of Angus," *Reader's Digest* (Special Feature), April 2002.

"Full Circle: Grief Bridged the Gap Between My Schooldays' Nemesis, Stephanie, and Me,"
The Ottawa Citizen, June 9, 2002

"Buddha Boot Camp: Ten Days on My Knees Opened My Eyes,"
Maclean's, August, 2002

"Where Waters Run Deep: Dispatch from the Jordan River,"
The Ottawa Citizen, October, 2023

"Canadians Are Burned Out and Angry; A Four-day Workweek Could Fix That,"
The Toronto Star, February 18, 2023.

"Taking Shelter: How a Canadian Aid Project in Brazil is Saving Girls,"
Maclean's, August, 2004

"Tim Banks: Close Up,"
PEI Living (Cover Feature), November, 2025

"Reconnect with Nature,"
EDIT Magazine (Cover Feature), November, 2024

“It’s Time for a New Conversation About PEI,”
The Guardian, April 10, 2025.

“Freeland’s Post-pandemic Pearson Moment,”
The Hill Times, November 18, 2021

Current Literary Projects

- *Don’t You Dare; Drinking with Grandma*
  Explores inherited grief, emotional restraint, family mythology, and memory through a late-night conversation between grandson and grandmother on Prince Edward Island.

- *Remember to Love*
  Memoir exploring inheritance, masculinity, grief, silence, and constructed identity through interconnected essays rooted in Prince Edward Island.

Recent Talks / Festivals / Events

“Oven Mitts and Oyster Rakes: Sensual Storytelling in Food Writing,”
Cavendish Literary Festival, September 24, 2025

“Canada’s Food Island Cookbook,”
Book launch host and guest speaker, September 9, 2022

“Tree Stories,”
Summer-long storytelling project documenting memories of trees lost during Hurricane Fiona.
Tree planting event: Beaconsfield Carriage House, September 25, 2023

World AIDS Day
Host and keynote speaker for an event marking the Trudeau Government’s historic apology to LGBTQ+ communities, with special guest MP Svend Robinson. Parliament Hill, November, 2018

Professional Writing

Extensive professional experience in speechwriting, editorial strategy, ghostwriting, public storytelling, and communications for national advocacy campaigns, nonprofit organizations, and public figures.